



First Nations  
Health Council

# A Framework for Transformation:

A review of the FNHC's 10-Year Strategy on  
the Social Determinants of Health

# RECLAIM

Presented by the First Nations Health Council

HOSW

3:30 pm Sept 12 | 2023

Click [here](#) to watch video



First Nations  
Health Council

# Social Determinants of Health

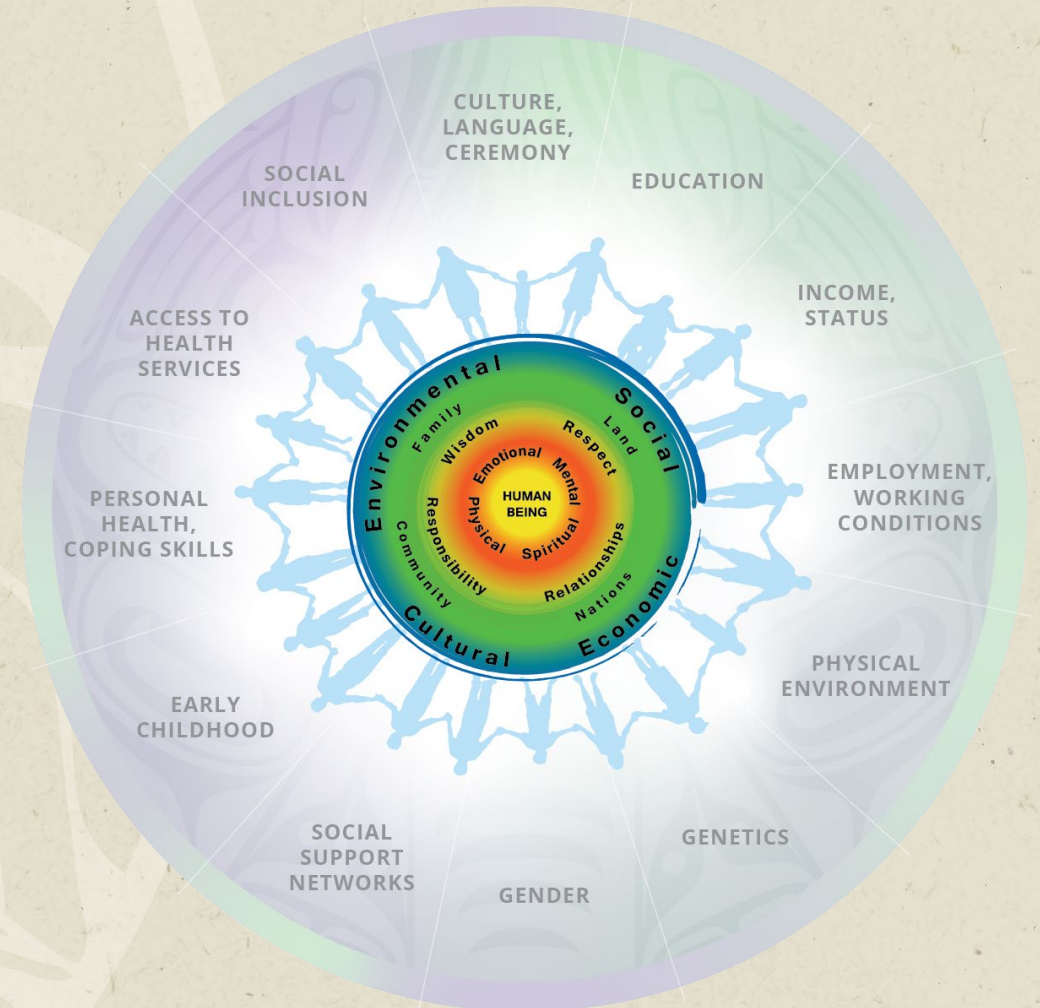
In 2016, the FNHC and BC signed an agreement to transform health based on a social determinants approach

# A 10-Year Strategy to Create Lasting Change

- Honours the 7 Directives, especially Directives #1 **“Community-Driven, Nation-Based”** and #6 **“Be without prejudice to First Nations interests.”**
- Moves us closer to our Shared Vision.
- Outlasts the government of the day.
- Grounded in a Social Determinants of Health approach.

## Vision

*Healthy, self-determining and vibrant First Nations children, families and communities in BC.*



# 10-Year Strategic Framework

**Short term**

## **Healing Approaches**

Improve trauma-informed care at all levels including best-in-class clinic equipment and emergency transportation.

**Short term**

## **Cultural Infrastructure**

Rebuild the cultural infrastructure damaged through colonialism to reclaim and hold up healing practices and traditions.

**Long term**

## **Nation-based Governance**

Systems-change to better respond to approaches and solutions that meet Nations' needs and priorities.

**Long term**

## **Sustainable Funding**

Flexible and sustainable approaches for federal and provincial investment in mental health planning and service delivery.

# Framework to Reclaim Health and Wellness

NOW

2033

HEALING  
APPROACHES

HEALTH CARE  
DECIDED FOR US

STANDING UP OUR OWN  
HEALING APPROACHES

CULTURAL  
INFRASTRUCTURE

FRAGMENTED  
SERVICES

FULLY OPERATIONAL  
CULTURAL INFRASTRUCTURE

NATION-BASED  
GOVERNANCE

SILOS

COMMUNITY-DRIVEN,  
NATION-BASED

SUSTAINABLE  
FUNDING

ASKING FOR MONEY

PREDICTABLE,  
SUSTAINABLE FUNDING

## Informed by Community Priorities

### Bring health care decision-making closer to home

- Build capacity
- Nation-rebuilding

### Stand up First Nations culture and traditions in health and wellness

- Support Traditional Knowledge Keepers
- Decolonization/Re-Indigenization

# Community Approval of a 10-Year Strategy

Gathering Wisdom for a Shared Journey forums:

- Held every 18 months
- Province-wide and an important part of the health governance process
- Provide an opportunity for reciprocal accountability and for Chiefs and leaders - if necessary - to make strategic decisions on the future direction of the health governance structure





# Monumental Political Moment in First Nations Health and Wellness

# 86%

of 173 Chiefs and leaders at  
Gathering Wisdom XII  
endorsed the resolution –  
the highest level of any  
FNHC resolution



**Authentic  
partnership is  
essential and  
requires  
commitment.**



# Reclaiming Our Wellness. Remembering Our Future.





First Nations  
Health Council

**“Health through  
wellness,  
wellness through  
culture”**

*- Oweekeno Elder*



First Nations  
Health Council

# Community and Regional Perspectives

## Speakers:

- Keith Marshall, Director of Community Health Programs, Heiltsuk Nation
- Ko'waintco Michel, Interior Representative, FNHC
- Wenecwtsin, Deputy Chair, FNHC

