



First Nations
Health Council

Reclaiming Our Wellness:

A history of the First Nations
health governance structure in BC

RECLAIM

Presented by the First Nations Health Council
HOSW

1:30 pm Sept 12 | 2023

Reclaiming Our Wellness. Remembering Our Future.



**The Health Council was
developed to help communities
reclaim wellness.**

**Our job is to transmit
intergenerational healing.**

Mandate of the FNHC

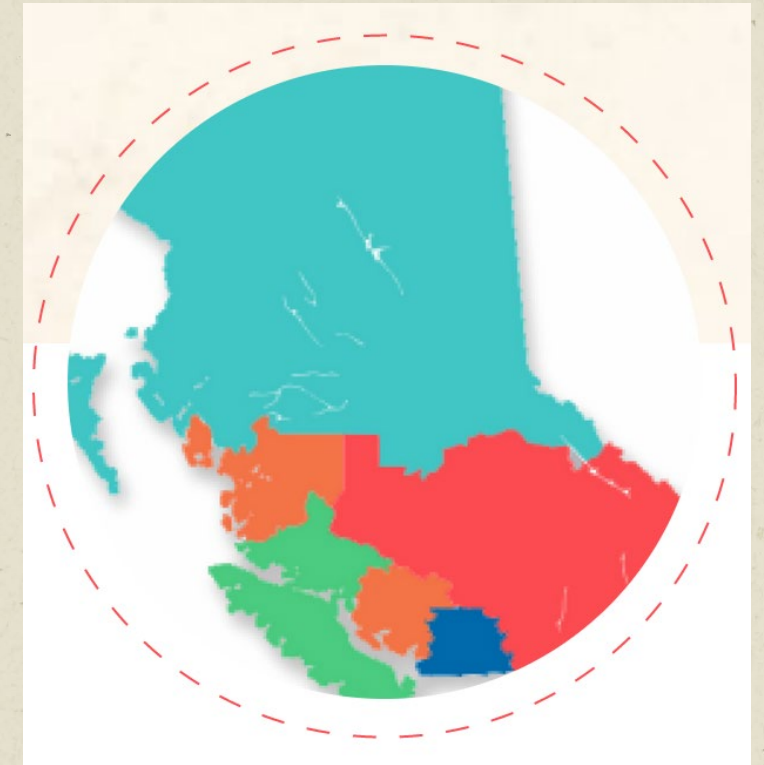
**Oversee the transition
of health services**

**Make progress on the
Social Determinants of Health**

Province-wide Governance Model

203 First Nation communities

Regions select representatives



A Vision of Transformation

1

**Healthy,
Self-Determining
and Vibrant
First Nations
Children, Families,
and Communities.**

2

**Supporting
the self-
determination
of First Nations
people.**

3

**Access to
culturally-safe
and appropriate
services.**

4

**Decolonization and
Nation-rebuilding.**



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7 Directives

Standards and
instructions for our new
health governance
relationship

[Click here to watch video](#)





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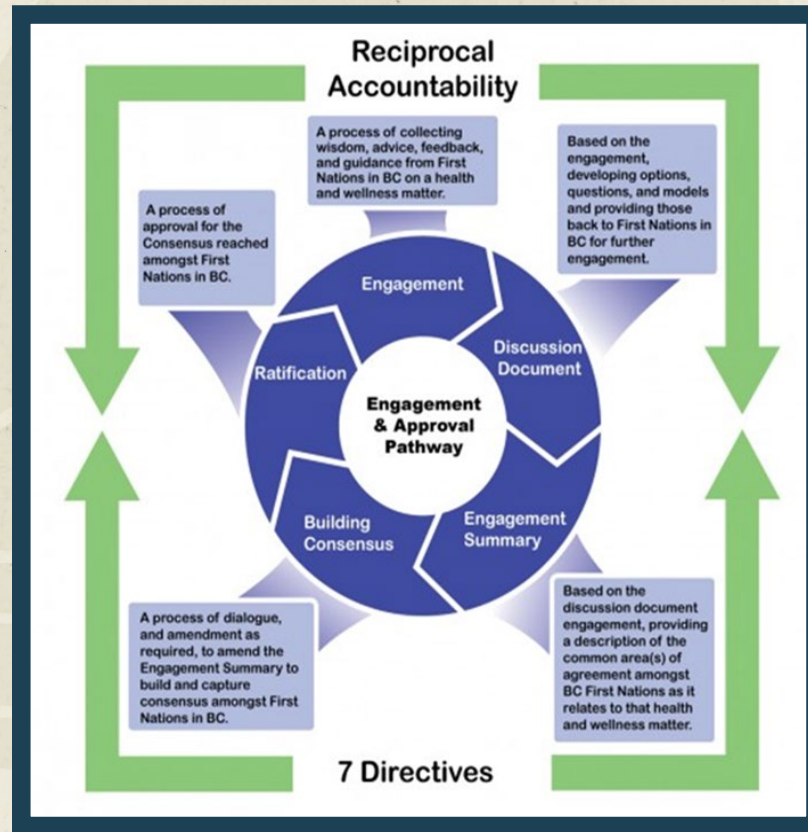
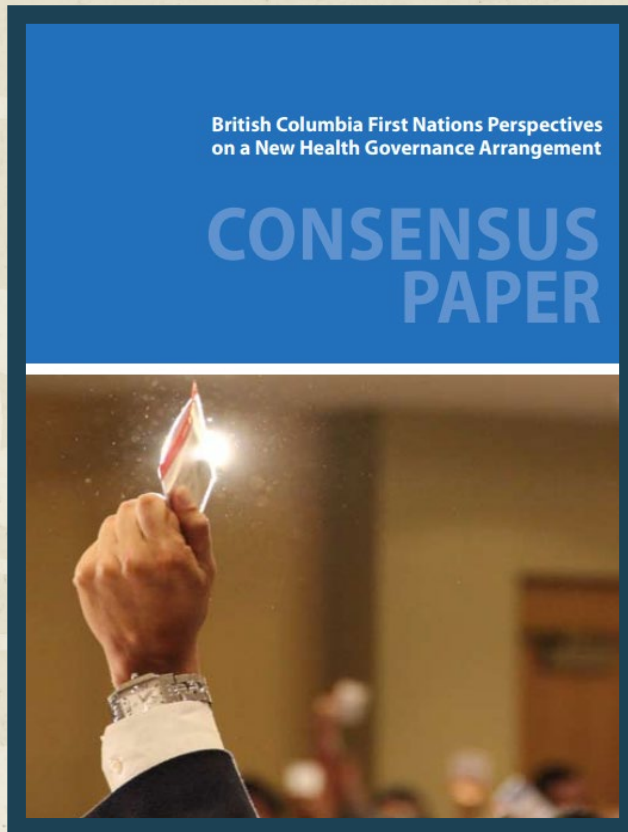
Our Transformation Journey

**Creation of the FNHA in
2013**

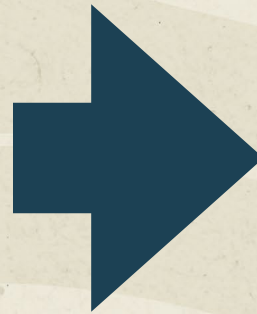
**Engagement and
Approvals Pathway model**

**Agreements with Canada
and BC based on input
from Chiefs and leaders**

Milestones of our Journey - Always Marked in Ceremony



Impact of the 2018 Social Determinants of Health MOU



\$30
MILLION

for mental health
and wellness
programs



\$60
MILLION

for treatment centre
infrastructure



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Community Success Stories

Dekelh Dene Nation

**Revitalization of the Sboo'tih Ghe Ti
(Grease Trail)**



Gwasala-Nakwaxdaxw

Culturally-based, trauma-informed
programs





Fraser Salish

Multi-year mental health and
wellness plan including Youth
Advisory Committee





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A Social Determinants of Health Approach

Bring decision-making
closer to home

Stand up First Nation
culture and traditions

Community approval of a 10-Year Strategy

Gathering Wisdom for a Shared Journey forums:

- Held every 18 months
- Province-wide and an important part of the health governance process
- Provide an opportunity for reciprocal accountability and for Chiefs and leaders - if necessary - to make strategic decisions on the future direction of the health governance structure



10-Year Strategic Framework

Short term

Healing Approaches

Improve trauma-informed care at all levels including best-in-class clinic equipment and emergency transportation.

Short term

Cultural Infrastructure

Rebuild the cultural infrastructure damaged through colonialism to reclaim and hold up healing practices and traditions.

Long term

Nation-based Governance

Systems-change to better respond to approaches and solutions that meet Nations' needs and priorities.

Long term

Sustainable Funding

Flexible and sustainable approaches for federal and provincial investment in mental health planning and service delivery.

Monumental Political Moment in First Nations Health and Wellness

86%

of 173 Chiefs and leaders at
Gathering Wisdom XII
endorsed the resolution –
the highest level of any
FNHC resolution



The Road Ahead



Thank you!

Mussi Cho

(Kaska Dena)

Tooyksim niin

(Nisga'a)

Haa'wa

(Haida)

Ǵiáxsixǵa

(Heiltsuk)

Kinanaskomitin

(Nêhiyawêwin (Cree))

Sechenalyagh

(Tsilhqot'in)

Gila'kasla

(Kwakwaka'wakw)

T'oyaxsim nisim

(Gitxsan)

Snachailya

(Carrier)

Kw'as ho:y

(Halq'eméylem)

Huy tseep q'u

(Stz'uminus)

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(Ayajuthem)

T'oyaxsim nisim

(Gitxsan)

Kukwstsétsemc

(Secwepemc)

k^wuk^wstéyp

(Nlaka'pamux)

Kleco Kleco

(Nuu-Chah-Nulth)

Kukwstum'ulh kalap

(St'at'imc)